

Youth Behavioral Health and Community Resources 2019-2020

Created by Compass Health

| Organization Name | Website | Phone | Area | Explanation and Notes |
|---|---|-------------------------------|----------|--|
| Alateen | https://al-anon.org/ | 800-344-2666 | National | teen families and friends of alcoholics |
| Lifeline Chat | https://suicidepreventionlifeline.org/chat/ | 800-273-8256 | National | connecting individuals with counselors for emotional support and other services via web chat; Crisis Text Line: 741741 |
| National Alliance on Mental Illness | https://www.nami.org/Home | 800-950-6265 | National | mental health education, support groups; |
| National Runaway Safeline | https://www.1800runaway.org/ | 800-786-2929 | National | confidential talk for young persons thinking of running |
| National Sexual Assault Hotline | https://www.rainn.org/ | 800-656-4673 | National | trained staff member from a sexual assault service provider in your area; Crisis chat: hotline.rainn.org/online |
| National Suicide Prevention Lifeline | https://suicidepreventionlifeline.org/ | 800-273-8255 | National | network of local crisis centers for emotional support to people in suicidal crisis or emotional distress; |
| SAMHSA's National Helpline | https://www.samhsa.gov/find-help/national-helpline | 800-662-4357 | National | treatment referral and information service for mental and/or substance use disorders |
| The Trevor Project | https://www.thetrevorproject.org/ | 866-488-7386 | National | education, networking app |
| Victim Support Services | https://victimsupportservices.org/ | 888-288-9221 | National | crime victim response, victim advocate, support groups, mental health services |
| Organization Name | Website | Phone | Area | Explanation and Notes |
| Opioid Abuse Prevention | http://stopoverdose.org/ | 206-685-5632 | WA State | helping individuals and communities in Washington State respond to prevent opioid overdose; stopovd@uw.edu |
| Starts with One | https://getthefactsrx.com/ | none | WA State | help prevent the misuse and abuse of opioids in your community; prevention@hca.wa.gov |
| TeenLink | https://www.teenlink.org/ | 866-833-6546 | WA State | Call from 6-10pm Monday through Friday Teen Link is a platform that is accessible via text, chat, or phone where teens who are struggling with |
| Volunteers of America Care Crisis Response Services | https://www.voaww.org/behavioralhealth | 425-258-4357, 800-584-3578 | WA State | emotional support to individuals in crisis and/or considering suicide, Chat: imhurting.org |
| Washington Recovery Helpline | https://www.voaww.org/behavioralhealth | 866-789-1511 | WA State | substance use, problem gambling, and mental health challenges; recovery@crisisclinic.org |
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| Behavioral Health Ombuds - North Sound | https://hca.wa.gov/health-care-services-supports/behavioral-health-recovery/ombuds-services | 888-336-6164 | North Sound | assist individuals who feel their rights have been violated or they aren't receiving adequate services |
| Northsound 2-1-1 | https://www.voaww.org/behavioralhealth | Dial 2-1-1 | North Sound | connects people with resources in their community |
| Organization Name | Website | Phone | Area | Explanation and Notes |
| Catholic Community Services | https://ccsww.org/ | none | Island | adoption, pregnancy and parenting support |
| Compass Health | https://www.compasshealth.org/ | 800-457-9303 | Island | comprehensive behavioral health services,wraparound |
| Ryan's House for Youth | https://www.ryanshouseforyouth.org/ | 360-331-4575 | Island | drop-in center, housing, transportation |
| Organization Name | Website | Phone | Area | Explanation and Notes |
| Camp Mariposa | https://www.compasshealth.org/services/ca | 425-349-8480 | King | Weekend camp for addiction prevention and mentoring for youth impacted by substance abuse in their families. campmariposa@compassh.org |
| Catholic Community Services | https://ccsww.org/ | 206-323-6336 | King | adoption, foster care, pregnancy and parenting support, parent education, kinship care, youth tutoring |
| Children's Long-term Inpatient Program (CLIP) | http://clipadministration.org/ | 206-588-2985 | King | inpatient |
| Fairfax Behavioral Health | https://www.fairfaxhospital.com/ | 425-296-0019 | King | inpatient teen, outpatient teen |
| Ryther | https://www.ryther.org/ | 800-455-5560 | King | inpatient, residential, outpatient, teen substance use disorder |
| Sea Mar | https://seamar.org/ | 206-766-6976 | King | behavioral health clinics, youth re-engagement |
| Seattle Children's Hospital | https://www.seattlechildrens.org/clinics/psy | 206-987-2055 | King | inpatient |
| Seattle's Union Gospel Mission | https://www.ugm.org/ | 206-723-0767 | King | outreach, kitchen, emergency shelter |
| Therapeutic Health Services | http://ths-wa.org/category/youth-programs/ | 206-322-7676 | King | youth substance use, youth mental health, youth support services |
| Treehouse | https://www.treehouseforkids.org/ | 206-767-7000 | King | foster youth education, clothing and other supplies |
| YMCA of Greater Seattle | https://www.seattleyymca.org/ | 206-461-4888 | King | housing, education, family support, foster care, counseling, youth outreach |
| Organization Name | Website | Phone | Location | Explanation and Notes |
| Compass Health | https://ccsww.org/ | 800-457-9303 | San Juan | comprehensive behavioral health services,wraparound |
| San Juan Island Family Resource Center | http://sjifrc.org/ | 360-378-5246 | San Juan | family support services, home visits, youth mentoring |

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| Anacortes Family Center | https://www.anacortesfamily.org/ | 360-293-2993 | Skagit | emergency shelter, therapy |
| Brigid Collins Skagit Children's Advocacy Centers | http://www.brigidcollins.org/ | 360-428-6622 | Skagit | parent education, PCIT Therapy, PCAP, PAT, kinship caregiver support |
| Camp Mariposa | https://www.compasshealth.org/services/ca | 425-349-8480 | Skagit | Weekend camp for addiction prevention and mentoring for youth impacted by substance abuse in adoption, foster care, wraparound, children's mental health, pregnancy and parenting support |
| Catholic Community Services | https://ccsww.org/ | 360-856-3054 | Skagit | comprehensive behavioral health services, wraparound |
| Compass Health | https://www.compasshealth.org/ | 800-457-9303 | Skagit | outreach, drop-in center, teen shelter |
| Oasis YMCA Teen Shelter | https://www.skagitymca.org/ymca-oasis | 360-419-9058 | Skagit | foster care, residential, community based services |
| Service Alternatives | https://www.servicealternatives.com/ | 360-419-7066 | Skagit | foster care, teen parent support, independent living skills training, Emerson Alternative School |
| Youthnet | https://youthnetnw.net/ | 360-336-1610 | Skagit | |
| Organization Name | Website | Phone | Location | Explanation and Notes |
| Arlington Community Resource Center | https://lcsnw.org/program/community-resource-centers | 360-386-7989 | Snohomish | helps low income families and individuals meet basic needs, deal with mental health, domestic violence, and substance use |
| Camp Erin | https://washington.providence.org/ | 425-261-4800 | Snohomish | free weekend camp for youth grades K-12 who have experienced a loss |
| Camp Mariposa | https://www.compasshealth.org/services/camp-mariposa/ | 425-349-8480 | Snohomish | Weekend camp for addiction prevention and mentoring for youth impacted by substance abuse in their families. campmariposa@compassh.org |
| Camp Prov | https://washington.providence.org/ | 425-258-7158 | Snohomish | summer camp for children 18 months to 11 years with special needs, and their siblings |
| Catholic Community Services | https://ccsww.org/ | 425-257-2111 | Snohomish | adoption, foster care, wraparound, children's mental health, pregnancy and parenting support |
| Christmas House | https://christmas-house.org/ | 425-338-2273 | Snohomish | qualifying, low-income, Snohomish County parents to select free holiday gifts for their children age infant – 18 yrs old |
| Clothes for Kids | https://clothesforkids.org/ | 425-741-6500 | Snohomish | children's clothing |
| Cocoon House | http://www.cocoonhouse.org/ | 425-317-9898 | Snohomish | outreach, housing, prevention, parenting classes |
| Compass Health | https://www.compasshealth.org/ | 800-457-9303 | Snohomish | comprehensive behavioral health services, wraparound, foster care |
| Dawson Place Child Advocacy Center | https://www.dawsonplace.org/ | 425-252-4800 | Snohomish | services to children and their families victimized by sexual or physical abuse |
| Everett Community Resource Center | https://lcsnw.org/program/community-resource-centers | 425-355-6005 | Snohomish | helps low income families and individuals meet basic needs, deal with mental health, domestic violence, |

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| Everett Gospel Mission | https://egmission.org/ | 425-740-2500 | Snohomish | Women and children' shelter |
| Familias Unidas Latino Community Resource Center | https://lcsnw.org/program/community-resource-centers | 425-513-2880 | Snohomish | helps low income families and individuals meet basic needs, overcome language and cultural barriers |
| Hand In Hand Kids | https://handinhandkids.org/ | 425-374-2461 | Snohomish | 72-hour emergency care for children initially entering foster care, outreach, foster support services |
| Helping Hands | http://arlingtonhelpinghands.org/ | 360-435-2214 | Snohomish | clothing, footwear, household items, children's toys, etc |
| Housing Hope | https://www.housinghope.org/ | 425-347-6556 | Snohomish | child and family specilists, parent education, child development center, independent living for young moms and their babies |
| Lynnwood Community Resource Center | none | 425-670-8984 | Snohomish | helps low income families and individuals meet basic needs, deal with mental health, domestic violence, and substance use; by appointment |
| Naval Station Everett Child & Youth Programs | https://everett.navylifepnw.com/child-youth | 425-304-3778 | Snohomish | child development center, child development homes, school liaison officer, school age care, youth and teen program |
| Operation School Bell | https://www.assistanceleague.org/everett/st | 360-563-7300 | Snohomish | clothing, contact your school for referral |
| Service Alternatives | https://www.servicealternatives.com/ | 425-514-0329 | Snohomish | foster care, residential, community based services |
| Therapeutic Health Services | http://ths-wa.org/category/youth-programs/ | 425-263-3006 | Snohomish | youth substance use, youth mental health, youth support services |
| Tulalip Tribes | https://www.tulaliptribes-nsn.gov/ | 360-716-4000 | Snohomish | child, youth & family mental health, child advocacy |
| Tulalip Tribes Youth Services | https://www.tulalipyouthservices.com/ | 360-716-4902 | Snohomish | youth center, homework support, youth advocates |
| YMCA of Snohomish County | https://ymca-snoco.org/ | 206-461-4888 | Snohomish | healthy living programs and groups, youth leadership |
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| Organization Name | Website | Phone | Location | Explanation and Notes |
| Blue Skies for Children | https://www.blueskiesforchildren.org/ | 360-756-6710 | Whatcom | grants little wishes for children who are homeless, low-income, or in foster care |
| Brigid Collins Whatcom Children's Advocacy Centers | http://www.brigidcollins.org/ | 360-734-4616 | Whatcom | parent education, PCIT Therapy, PCAP, PAT, kinship caregiver support |
| Catholic Community Services | https://ccsww.org/ | 360-676-2164 | Whatcom | adoption, foster care, wraparound, children's mental health, pregnancy and parenting support |
| Compass Health | https://www.compasshealth.org/ | 800-457-9303 | Whatcom | comprehensive behavioral health services,wraparound |
| The Ground Floor | https://www.nwys.org/street-outreach | 360-734-9862 | Whatcom | day-use center for at-risk, runaway and homeless youth ages 24 and under |
| The Lighthouse Mission | https://www.thelighthousemission.org/ | 360-733-5120 | Whatcom | Agape home for women and children |

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| Lydia Place | https://lydiaplace.org/ | | Whatcom | permanent supportive housing |
| | | | | queer youth project, outreach, The PAD - emergency housing for minors, emergency housing for young adults, rapid re-housing, transitional & permanent housing, behavioral health, youth jobs, teen court |
| Northwest Youth Services | https://www.nwys.org/ | 360-734-9862 | Whatcom | housing, behavioral health, youth jobs, teen court |
| Sea Mar | https://seamar.org/ | 360-647-4266 | Whatcom | behavioral health clinics, med assisted and youth treatment |
| Whatcom Dispute Resolution Center | https://www.whatcomdrc.org/ | 360-676-0122 | Whatcom | youth training |